



JANUS Creative Planning®

an introductory workshop

JANUS
creative planning

ideal number of delegates 2 to 4 - maximum 6
example morning agenda (can be any 4 hours)

nb: delegates are briefed in advance how to select and submit one or two “scenarios” to work with - tutors ensure a good “mix” of subjects

9.00 Welcome, introductions, agreement on the group “end of the day scenario”:

at 1.10pm *today ALL delegates ARE feeling _____ ; ARE able to _____ ; WANT to _____ ; and WILL do _____ ;* (gaps filled in by discussion)

9.15 Issue of Janus guides and completion of exercises on pages 4 and 6

9.45 A summary discussion to confirm what the process of Janus is

“idealistically, but realistically, visualising and DESCRIBING outcomes in a way that shows you WHAT TO DO to realise the visualisation”

10.00 An introduction to the 6 steps to Janus CREATIVE Planning

10.30 Janus as a time-saver - how to use Janus in everyday situations without it taking up any time because it has become A NEW WAY OF THINKING

10.45 Practical work in pairs on writing the descriptive scenarios on delegates’ chosen subjects

11.30 Steps 2 and 3 - what MUST have happened?

“once you have described what DID HAPPEN, work backwards to identify what MUST have happened to make it happen!”

11.45 Creativity - use of Templates in Janus guide, in Steps 4 and 5 - practical work in pairs on own scenarios asking what MUST have happened, identifying assumptions and seeking alternative strategies

12.30 Self Analysis for personal development; issue of “a little book of Epigrams” and paired work to identify key epigrams for each delegate

12.50 Identification of important longer term scenarios delegates will work on back on the job, with agreed protocols for remote coaching by Rick

1.00 Review of the morning versus the “end of the day scenario”

1.15 A.O.B., official close and optional discussions as long as delegates like!

