



JANUS Creative Planning®

an introductory workshop

JANUS
creative planning

ideal number of delegates 4 to 6
example full day agenda (can be any 8 hours
eg 7.00am to 11.00am and 2.00pm to 6.00pm)

nb: delegates are briefed in advance how to select and submit two or three
“scenario subjects” to work with - tutors ensure a good “mix” of topics

- 9.00 Welcome, introductions, agreement on the group “end of the day scenario”
ALL delegates **ARE** feeling _____ ; **ARE** able to _____ ;
WANT to _____ ; **WILL** do _____ (gaps filled in by discussion)
- 9.30 Issue of Janus guides and completion of exercises on pages 4 and 6
- 10.00 A summary discussion to confirm what the process of Janus is
*“idealistically, but realistically, visualising and **DESCRIBING** outcomes in a way that shows you **WHAT TO DO** to realise the visualisation”*
- 10.30 An introduction to the 6 steps to Janus **CREATIVE** Planning®
- 11.00 Janus as a time-saver - how to use Janus in everyday situations without it taking up any time because it has become **A NEW WAY OF THINKING**
- 11.30 Informal presentations by delegates on their chosen scenario subjects - group discussion using topics to ensure real understanding of the Janus process
- 10.45 Practical work in pairs on writing the descriptive scenarios on the first of each delegate’s chosen subjects
- 12.00 Steps 2 and 3 - what **MUST** have happened? Group discussion using delegates’ scenarios to ensure understanding
- 1.00 LUNCH
- 2.00 **Creativity** the **DISCIPLINE**- use of Templates in Janus guide, in Step 4 “Get Creative” - practical work in pairs on own scenarios asking what **MUST** have happened, identifying **assumptions** and seeking **alternative** strategies
- 3.00 Key principles of Problem Solving related to Janus Step 5 “Magic Moments”; practical work in pairs on own scenarios, using Templates in the guide
- 4.00 Self Analysis for personal development; issue of “*a little book of Epigrams*” and paired work to identify key epigrams for each delegate
- 4.30 Identification of important longer term scenarios delegates will work on back on the job, with agreed protocols for remote coaching by Rick
- 5.00 Review of the day versus the “end of the day scenario”
- 5.15 A.O.B., official close and optional discussions as long as delegates like!

